



UNITED SCHOOL OF PANAMA



Education is the most powerful weapon which
you can use to change the world.

Nelson Mandela.

2025-2026



Our Mission

At **USP**, we believe that education extends beyond textbooks to hands-on creation and application of literature. We provide a safe and welcoming environment for our community, encouraging innovation and creativity. We are dedicated to promoting literacy, critical thinking, and problem-solving skills through creative and intellectual engagement and communication.

Our Vision

United School of Panama will be revered as a prestigious school with distinguished preparatory curricula that will challenge young minds in a multilinguistic and diverse multicultural environment.

We pledge to all **USP** students a commitment towards personal development through discipline, merit, respect, individual growth and teamwork.



Educational Proposal



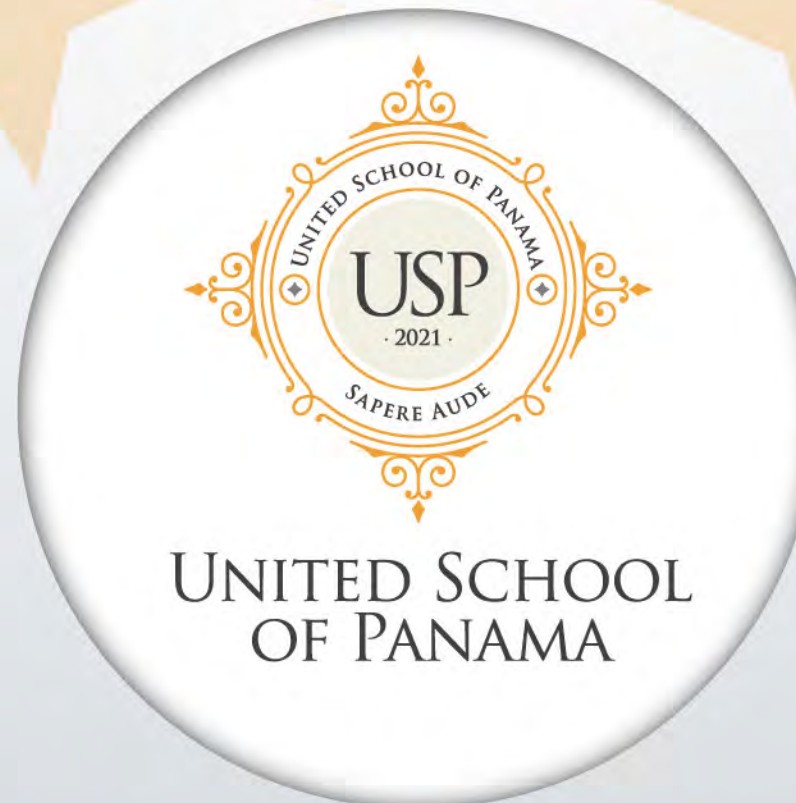
MODERN CAMPUS



CHILD HEALTH
SLEEP + NUTRITION + FITNESS



PERSONALIZED EDUCATION



UNITED SCHOOL
OF PANAMA

USP'S INTEGRAL PROGRAM



TRILINGUAL CURRICULUM
ENGLISH + SPANISH + MANDARIN



INTERNATIONAL CALENDAR
FROM AUGUST TO JUNE

Fundamentals

At **United School of Panama**, we believe in providing an academically challenging curriculum that focuses on the individual strengths of our students while also addressing areas of improvement. We also prioritize healthy decision making based on principles of **Neuroscience**, which is the science of brain development and function.

To this end, we have developed our educational approach around three pillars: **Sleep, Nutrition, and Physical Fitness**, which are essential components of our program.

Sleep



Nutrition



Physical Fitness



Active Body = Active Mind

01 Trilingual curriculum



02 Sports and extracurricular activities



03 Physical Education 5 days a week

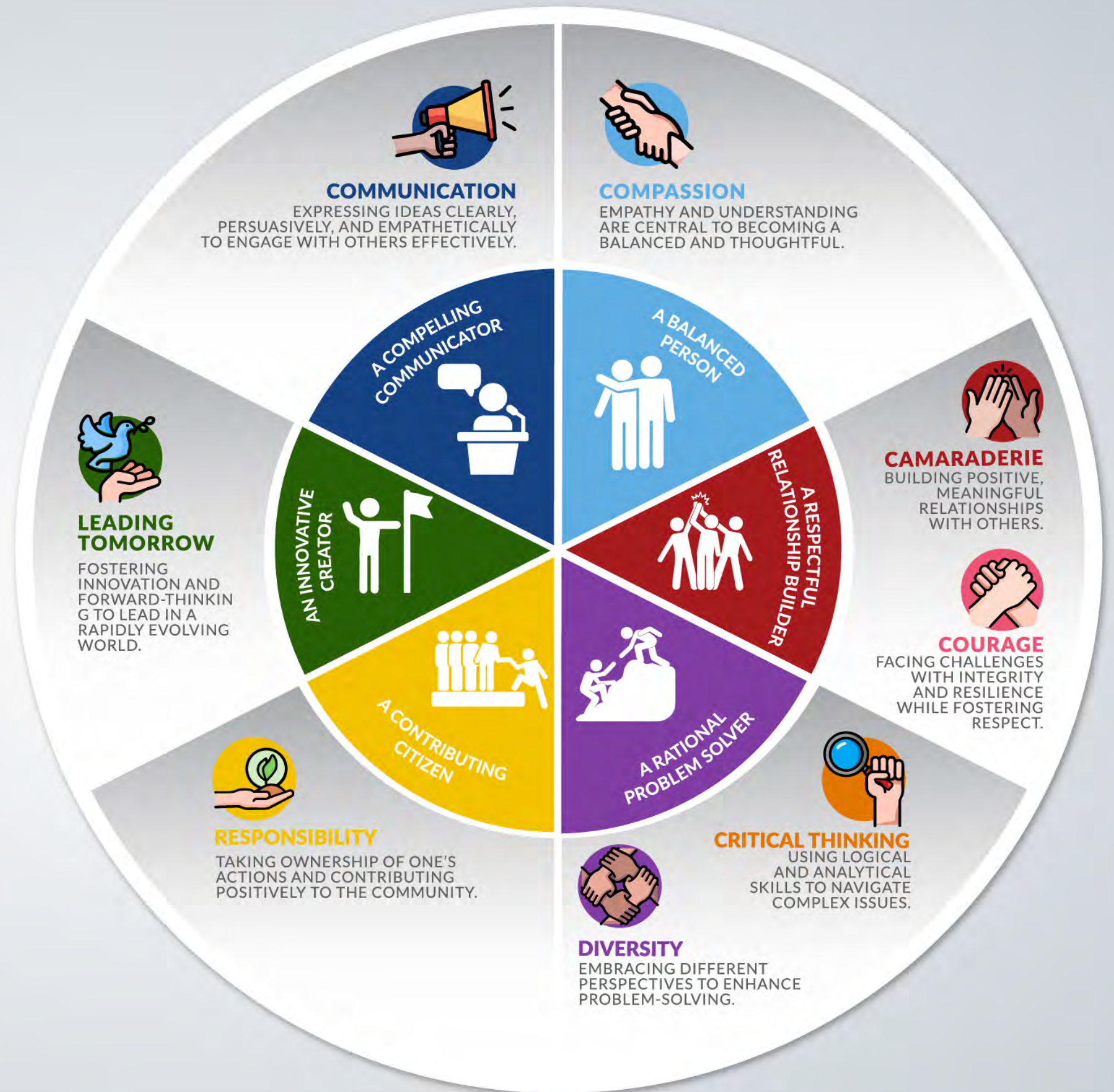


04 A classroom for each subject



Our Golden Principles

At USP we believe in fostering a well-rounded and balanced individual who embodies the traits that align with our golden principles, rooted in the shared aspects of humanity. These principles guide us in developing the best versions of ourselves personally and professionally.





Nutrition

We provide **all food and drinks** for our students, ensuring that they are healthy and nutritious.

We also educate them about the importance of proper nutrition for brain development and overall growth.

All of our students receive **a meal plan** that includes a morning snack and lunch, and those in our ECA program also receive an afternoon snack.

A Typical Day in USP

for Pre-Kinder and Kindergarten

USP UNITED SCHOOL
OF PANAMA

CLASS SCHEDULE 2024 - 2025

PRE-KINDER A

TIME (PERIOD)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	TIME (PERIOD)	FRIDAY
07:50 am - 08:20 am	AM DOSE				07:50 am - 08:20 am	AM DOSE
08:20 am - 09:00 am (1)	Writing CHAN GREEN	Writing CHAN GREEN	Writing CHAN GREEN	Writing CHAN GREEN	08:20 am - 08:55 am (1)	Writing CHAN GREEN
09:00 am - 09:15 am	SNACK				09:00 am - 09:35 am (2) SNACK INCLUDED	PLAYGROUND
9:15 am - 9:55 am (2)	PLAYGROUND				9:40 am - 10:15 am (3)	Reading CHENG BLUE
10:00 am - 10:40 am (3)	Reading CHENG BLUE	Reading CHENG BLUE	Reading CHENG BLUE	Math CHAN GREEN	10:20 am - 10:55 am (4)	Physical Education JIMENEZ COURTS
10:45 am - 11:25 am (4)	Physical Education JIMENEZ COURTS	Physical Education JIMENEZ COURTS	Physical Education JIMENEZ COURTS	Physical Education JIMENEZ COURTS	11:00 am - 11:35 pm	LUNCH
11:30 am - 12:10 pm	LUNCH				11:40 pm - 12:15 pm (5)	Math CHAN PURPLE
12:15 pm - 12:55 pm (5)	Art CHAN GREEN	Math CHAN RED	Math CHAN GREEN	Reading CHENG BLUE	12:20 pm - 01:10 pm (6)	Advisory CHAN PURPLE
01:00 pm - 01:40 pm (6)	Art CHAN GREEN	Math CHAN RED	Science CHAN GREEN	Reading CHENG BLUE	ADVISORY TEACHER Ms. Chan	
01:45 pm - 02:25 pm (7)	Math CHAN PURPLE	Music CALDERON BLUE	Mandarin ZHONG YELLOW	Mandarin ZHONG YELLOW	LEARNING AIDE No Information	
02:30 pm - 03:10 pm (8)	Spanish CALDERON PURPLE	Spanish CALDERON BLUE	Advisory CHAN YELLOW	Science CHAN BLUE		



Model Head + Heart + Hands

At **United School of Panama**, we recognize that learning is not only about development, but also about transformation. We believe that fostering the transformational qualities of our students is key to helping them make successful transitions in life.

Our educational approach focuses on engaging the cognitive domain through academic study, inquiry, and understanding of ecological and sustainability concepts **(Head)**, enacting the psychomotor domain for practical skill development and physical work such as building, planting, and painting **(Hands)**, and enabling the affective domain in forming relationships and values **(Heart)**.





CODE.org

Computer Science Program

CODE.org is the first Computational Science program that seeks to join the current education system. The Syllabus was written taking into account the standards of the K-12 Computer Science Framework and the Computer Science Teachers Association (CSTA).

The Syllabus is reviewed every two years with the intention of keeping it updated with computer advances.

What skills does it develop in children?

- Programming provides a competitive advantage.
- Programming teaches and helps with math.
- Develops and encourages creativity.
- Promotes collaboration.
- Coding improves problem solving.

How does CODE.org contribute to STEM?

There is scientific evidence that shows that students who learn to programming at an early age have fewer gender stereotypes in relation to STEM careers - Science, Technology, Engineering and Mathematics.

*In the words of Steve Jobs,
"Computer science is a liberal art".*



Extra-Curricular Activities

We offer a wide range of Extra-Curricular Activities at **United School of Panama** to help our students maintain a healthy lifestyle, find their passion, and develop their abilities.

Our team sports and group activities are designed to foster camaraderie and lasting friendships from shared experiences, as well as promote diversity and inclusion, which are core principles that we embrace at USP.

Our Extra-Curricular Activities are available **Monday through Thursday from 3:30 pm to 4:40 pm, and on Fridays from 1:30 pm to 2:30 pm**, allowing students to go home and enjoy family time after a day full of learning and activities.



Extra-Curricular Activities

MONDAY

3:30 - 4:35



BALLET 1

Group 1: Pk - Kinder
Group 2: 1st - 7th



MUSICAL THEATER

3rd - 7th



SINGING CLASSES

PK - 1st
2nd - 7th



SOCCER

AGES: 4-6 (Group 1)
7-13 (Group 2)



STEAM

PK - 1st

TUESDAY

3:30 - 4:35



ART & CRAFTS

PK - 2nd



INTRO TO ROBOTICS 1

2nd - 7th



PIANO LEVEL 2

1st - 7th



TAEKWONDO

PK- 7th



TENNIS

AGES: 4-6 / 7-13



SWIMMING

Group 1: PK - Kinder

WEDNESDAY

3:30 - 4:35



BALLET 1

Group 1: Pk - Kinder
Group 2: 1st - 7th



MUSICAL THEATER

3rd - 7th



SINGING CLASSES

PK - 1st
2nd - 7th



SOCCER

AGES: 4-6 (Group 1)
7-13 (Group 2)



STEAM

PK - 1st

THURSDAY

3:30 - 4:35



ART & CRAFTS

PK - 2nd



INTRO TO ROBOTICS 1

2nd - 7th



PIANO LEVEL 2

1st - 7th



TAEKWONDO

PK- 7th



TENNIS

AGES: 4-6 / 7-13



SWIMMING

Group 2: PK - Kinder

FRIDAY



BIKE CLUB

1:30 - 2:30
LEARN TO RIDE
NEW SKILLS



CHEERLEADING SQUAD

1:30 - 3:30
1st - 7th



CHESS

1:30 - 2:30
1st - 7th



ROBOTICS 2 (TEAM)

1:30 - 3:30
2nd - 7th



SOCCER TEAM

SUB 8 / 1:30 - 2:30
SUB 10 / 1:30 - 3:00
SUB 12 / 1:30 - 3:00



TAEKWONDO TEAM

1:30 - 2:30



VOLLEYBALL

1:30 - 3:30
2nd - 7th



Our Campus

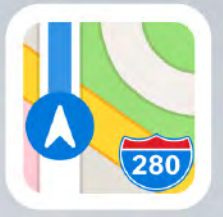
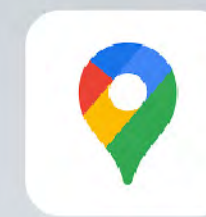


Our Campus



Our Location

You can find us as
UNITED SCHOOL OF PANAMA



**USP
MAP**



CENTRO DE
CONVENCIONES

ATLAPA

**PANAMÁ
VIEJO**

**SANTA MARÍA
BUSINESS PARK**

CORREDOR SUR

4 MINUTOS

**COSTA
DEL'ESTE**

**SANTA
MARÍA
PANAMÁ**

5 MINUTOS

PRICE SMART
Membership Shopping

Banco General

**UNITED SCHOOL
OF PANAMA**

RÍO JUAN DÍAZ

Salida
Ciudad Radial
Costa Sur

USP | UNITED SCHOOL
OF PANAMA

Tuition & Fees

FOR ACADEMIC YEAR 2025-2026

DESCRIPTION	PAYMENT	PRESCHOOL	ELEMENTARY SCHOOL	MIDDLE SCHOOL
		PK / KINDER	1ST TO 5TH GRADE	6TH TO 8TH GRADE
EVALUATION PRE-ADMISSION	ONE TIME PAYMENT	\$ 150.00	\$ 150.00	\$ 150.00
SING-UP FEE	ONE TIME PAYMENT	\$ 9,500.00	\$ 9,500.00	\$ 4,750.00
ENROLLMENT FEE	ANNUAL / APRIL	\$ 825.00	\$ 825.00	\$ 825.00 *
TUITION	MONTHLY X 10	\$ 860.00	\$ 905.00	\$ 950.00
BOOKS AND SUPPLIES	ANNUAL / JUNE	\$ 750.00	\$ 750.00	\$ 925.00
TECHNOLOGY / PLATFORM	ANNUAL / JULY	\$ 0.00	\$ 530.00	\$ 530.00
FOOD AND NUTRITION	MONTHLY X 10	\$ 167.00	\$ 178.40	\$ 181.56
INSURANCE		---	---	---

* Please consider that there may be other costs for projects or activities throughout the year such as but not limited to: field trips, special events, school projects, etc.

Visit us for more information www.usp.edu.pa

Through our focus on academic rigor, healthy living, and a well-rounded education that nurtures the mind, body, and spirit, **United School of Panama** is committed to educating and forming productive citizens who will make positive contributions to their communities and the world.

Book your appointment Today!

388-0800



6968-8488

